

Erectile Dysfunction – A Common Problem

Erectile dysfunction or impotence is a very common problem among men. It mainly affects middle-aged men although it can be seen at any age. The term erectile dysfunction covers a range of disorders related to sexual problems and sexual dysfunction. However, the main problem is inability to obtain adequate erection for satisfactory sexual activity.

It is normal that as men age, they experience changes in erectile function. They may feel that erections take longer to develop, may not be as firm or may require more direct stimulation to be achieved. They may also notice that orgasms are less intense, the volume of ejaculate is reduced and recovery time increases between erections. Although most men consider erectile dysfunction as an embarrassing problem, it's important for them to seek treatment. In most of the cases, erectile dysfunction can be successfully treated.

These days a wide variety of options exist for the [treatment of erectile dysfunction](#). These include anything from medications and simple mechanical devices to surgery and psychological counseling. The cause and severity of condition determines the best treatment or combination of treatments for a patient.

The oral medications available to treat erectile dysfunction include [Viagra](#), [Cialis](#), and [Levitra](#). All three of these drugs are approved by the Food and Drug Administration. They have been clinically tested for their safety and effectiveness. Also, these three work in much the same way and are believed to help most of the men. However, it is important to remember that these medications cannot fix erectile dysfunction in one day. It will take some time before things are back to normal. Dosages may need to be adjusted. Side effects may vary. Considering these factors, it is important that before taking these drugs one must discuss with a doctor the potential benefits and side effects of these drugs.

URL:

http://www.viagracures.com/articles/impotence_ed/erectile_dysfunction_a_common_problem.html