

Get Going With Viagra

Sex can be one of the most enjoyable parts of your life. It strengthens your relationship with your partner and adds excitement.

If you have a problem getting or keeping an erection, your sex life can suffer. You should know that you're not alone. In fact, more than half of all men over 40 have difficulties getting or maintaining an erection. This issue, also called [erectile dysfunction](#) (ED) or [impotence](#), occurs with younger men as well.

You should also know there is something you can do about it. Millions of these men have already improved their sex lives with [Viagra](#). Discuss your general health status with your doctor to ensure that you are healthy enough to engage in sexual activity. If you experience chest pain, nausea, or any other discomforts during sex, seek immediate medical help. Depending on your medical and physical condition your doctor will prescribe a suitable dose and may keep you under observation during the initial phase.

Viagra contains a compound sildenafil citrate which relaxes the muscles of the penile region thereby increasing the blood flow resulting in a harder and lasting erection. A firmer erection assists in a satisfying sexual intercourse with your partner. Sexual stimulation is necessary and your partner plays an important role in helping you achieve a quality erection.

Some men who do not suffer from ED have used Viagra and claim that it gave them girth and lasting power that left their partners wanting more. This claim signifies that Viagra is not only a [treatment for Erectile Dysfunction](#) but also improves your sexual life.

Viagra begins to take effect in as little as 14 minutes and the erection lasts longer enabling you to prolong the sexual act. In most cases one dose is required to cover a period of 24 hours. You should not overdose yourself or share your prescription with others. Like all medicines Viagra must also be kept away from children and stored in a cool dry place away from direct sunlight.

Being a prescription drug you can get your supply of [Viagra online](#) from an internet pharmacy. These online drugstores provide good quality cheap medicines and have additional services like online consultation and prescription for your needs. Your orders get delivered directly to your home and you save on time, money and embarrassment of going to a doctor to discuss your sexual problem.

Remember to protect yourself and your partner from sexually transmitted diseases.

URL:

http://www.viagracures.com/articles/long_live_viagra/get_going_with_viagra.html