

## Viagra plus Testosterone solution for Andropause

Erectile Dysfunction (ED) is the consistent inability to attain and maintain an erection sufficient for sexual intercourse. Male Impotence is primarily attributed to be the most significant event of the Andropause - or Male menopause.

Andropause, the word, appeared in the literature and is defined as the "natural cessation of the sexual function in older men." Andropause occurs due to hypogonadism-low testosterone levels. By the time men are between the ages of 40 and 55, they can experience a phenomenon similar to the female menopause. This decline continues into the eighties. Andropause is also called as androgen deficiency of aging men i.e. (ADAM).

Testosterone is a male sex hormone that has a unique effect on a man's complete physical attributes. It is produced in the testes and in the adrenal glands. It is to males what estrogen is to females. It helps to build protein and is essential for normal sexual behavior and producing erections. It also affects many metabolic activities such as production of blood cells in the bone marrow, bone formation, lipid metabolism, carbohydrate metabolism, liver function and prostate gland growth.

### Causes & Symptoms

Approximately 30% people testosterone concentration falls below normal level. The causes of decreased testosterone are decreased function of testis as well as decreased function of hypothalamic pituitary glands. At the same time, another factor in the body called Sex Binding Hormone Globulin, or SHBG, is increasing. SHBG traps much of the testosterone that is still circulating and makes it unavailable to exert its effects in the body's tissues.

Andropause Symptoms can vary from one man to another. Symptoms of male Andropause may include:

- " Lethargy or decreased energy
- " Thinning of bones or bone loss
- " Inability to sleep
- " Depression
- " Hot flashes
- " Night sweats
- " Increased risk of fractures
- " Reduced muscle mass & strength
- " Decreased libido or interest in sex
- " Increased weight specially on abdomen
- " Erectile dysfunction with loss of erections

### Facts

Andropause was first described in medical literature in the 1940's. The results of a careful study reported in a 1944 issue of the Journal of the American Medical Association described the use of testosterone injections to rapidly and thoroughly relieve the symptoms of Andropause. A variety of articles followed the study and made a compelling case for diagnosing and treating these symptoms in aging males.

400 men attending a private clinic in London complaining of symptoms which they or their GPs attributed to the male menopause were studied. The nature of the complaints and their frequency were remarkably similar to those reported in the Heller and Myers study. These included, fatigue 82%, depression 70%, irritability 61%, awareness of premature ageing 43%, reduced libido 79%, aching and stiff joints in the hands and feet 63%, increased sweating especially at night 53%, and classic hot flushes 22%. Last but not least, 80% suffered erectile dysfunction, reduced early morning erections often being an early warning sign.

### **Age Range**

31-80 (mean 54) was wider than that of the menopause in women (45-55) reflecting the importance of the wide range of factors influencing its onset. The overlapping associated factors appeared to be psychosocial stress (59%), alcohol (35%), injuries or operations, particularly vasectomy, (32%), medication (31%), smoking (26%), obesity (22%), infections (such as the orchitis caused by mumps and glandular fever, and prostatitis) (11%) and impaired descent of the testes (5%).

### **Solution - Viagra & Testosterone**

ED is significantly attributed to psychological causes. Psychological factors include fear of our female partners, depression, lack of self esteem, and cluelessness as to what to do with certain parts of the female anatomy. A positive thought-process and emotions can help your mental state of being, consequently aiding in a better performance during coitus. Viagra only treats one symptom of the male menopause or Andropause - ED - and research studies agree that it is not an aphrodisiac, and will not work if the desire is not there.

A man without Andropause can have a constant, steady flow of blood flowing to his penis arteries in a good amount. The more blood that flows down there, the harder and longer your erection will be!

Viagra works differently from testosterone replacement therapy. Viagra acts on the penis by maintaining an erection; testosterone works on the whole body and all aspects of sexual response. Testosterone is the hormone of sexual desire in both men and women. As a result, if testosterone levels are low, so is the desire for sex. Impotence or ED is a complex problem that requires a thorough psychological and physical exam.

Physicians may use a combination of approaches to treat ED; however, Viagra may treat only one part of man - Erection. Testosterone replacement therapy not only improves a man's erectile quality, it can improve sexual desire and prevent debilitating diseases like osteoporosis and cardiovascular disease. Viagra plus Testosterone is the logical & affirmative solution to the widespread cause of ED, the Andropause.

Reference:-

[http://www.viagracures.com/articles/recreational\\_drug/viagra\\_andropause.html](http://www.viagracures.com/articles/recreational_drug/viagra_andropause.html)