

Satisfactory Sex Defines Blissful Marriage

Most people wish and dream for a felicitous marriage/relationship, but these dreams are tough to complete. Many couples genuinely commit to remain in their marriage "until death do us part." Although one of every two new marriages finish in divorce, many couples feels the perfect condition are one man and one woman committed to a life-long marital relationship.

Mostly couples decided to end their relationships rather than work on their problems. Major problem couples are facing in their relationship or in married life is "Sexual Problems." Marital, relationship, and [sexual problems](#) can cause a great deal of emotional agony in a person's life.

A major factor of continued satisfaction in marriage is a quality sexual relationship. Although opinion differs on the ways in which sexual desires and needs are shaped fulfillment of sexual needs is likely to positively impact an individual. It's reported that fulfillment of intimacy, companionship, sexual safety, and emotional involvement needs were predictive of regularly positive emotional experience. Greater need fulfillment was also connected with better positive emotion, suggesting the fulfillment of sexual needs is related to affective state.

Sexual needs may alter over time and may vary. In most of the marriages, one partner has a much greater need for sex than the other. This tends to generate a significant clash if his/her need is not being met as often as he/she would like or the way he/she would like it to be met.

Even, in most of the cases men's and it's also worldwide known that approx 40% males are suffering from different sexual disorders like [impotence](#) (erectile dysfunction), [premature ejaculation](#) etc. and they are diffident of discussing this difficulty with their partners and doctors. Sexual Dysfunctions include disturbances in sexual desire, arousal and orgasm significant sufficient to lead to distress and/or crash relationships.

An appreciated sex life depends on a great deal on open channels of communication. Try to handle conflict situations as they arise, so they won't have an adverse effect on your sexual relationship.

Problem like Erectile Dysfunction is treatable at any age. Most common treatment for Impotence is [Viagra](#), which will help men to enjoy his life to fullest. Don't be scared to talk about your sex life with your partner. Share with him/her your likes, dislikes, feelings, desires, fantasies, physical problems etc. and enjoy your sexual life and make your relationship more understanding.

URL:

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